

Time to Register for Break a Sweat for Education!

The Yours Humanly annual "Break a Sweat For Education" 5K fundraiser is only a month away - and there's still time to **register now to join the MDUSD Education Foundation team** and be a part of the fun!

To sign up, go to: <http://bit.ly/MDEDFTeam2019>

On the right side, click "Join Team" to register.

Can't make it that day, but want to help support STEAM opportunities in our schools? You can pledge as a virtual racer and still be part of the team! Or simply click Donate on our Team Page.

The 5K Run & Walk is open to all ages (strollers too!) and the Kids Fun Run is free for participants 10 and under.

Hope to see you there!



YOURS HUMANLY 5TH ANNUAL
BREAK A SWEAT FOR EDUCATION®
5K RUN & WALK | KIDS FUN RUN

REGISTER TODAY!
WWW.BREAKASWEAT.RUN

PROCEEDS BENEFIT

10.05.19
8:00 AM - 11:00 AM

HEATHER FARM PARK
WALNUT CREEK

 YoursHumanly
Educating Children. Enriching Lives.

 MDUSD
EDUCATION
FOUNDATION

Want to Be a Sponsor?

Companies can sponsor at various levels and help to provide free race registrations for students who cannot afford them.

Your sponsorship may include:

- 10' x 10' booth space at the race
- Photos with your sponsored student or teacher team
- Your company name and logo listed online and in MDEDf e-blasts and social media posts

To sponsor a team just email mdedf.yahya@gmail.com or phone (925) 338-0805.